



Individual liberty

There are many benefits of being outside and learning from the natural world around us. We can choose to take the opportunities that arise to get us outdoors and connect us with nature.





UN Rights of a Child



It is important we have information about how to stay healthy. Being outdoors can form part of our healthy lifestyle.

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HEALTH, WATER, FOOD, ENVIRONMENT

A pink card with a white silhouette of a person. Below the silhouette are four icons: a heart with a checkmark, a water drop with a checkmark, an apple with a checkmark, and a leaf with a checkmark. The number 24 is in the top right corner, and the text 'HEALTH, WATER, FOOD, ENVIRONMENT' is at the bottom.