

**What is the Cheshire East
YOUNG Carers' Hub?**

We help to ensure that Young Carers between the ages of 5 and 18 are identified and provided with support in their caring role.

Who is a Young Carer?

A Young Carer is somebody that looks after another person because they need help due to an illness or disability, a mental health problem or a drug or alcohol dependency.

Cheshire East YOUNG

carers'
HUB

Telephone:
0300 303 0208



**ONE
IN EIGHT**

people in the UK
are Carers

If you think you are a Young Carer and would like more information, get in touch, or ask someone else to do this for you.

Get in touch

Address: Freepost CHESHIRE EAST CARERS HUB
General Email: enquiries@cheshireeastcarershub.co.uk
Web: www.cheshireeastcarershub.co.uk
Opening Times: Monday - Friday 8.00am - 6.00pm

Supporting those that care

