

## Wistaston Primary School – Week One



or	Pasta Bolognaise (Red Choice) Fresh minced beef cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta served with garlic bread and broccoli.	WEDNESDAY  All Day Breakfast (Red Choice)  Pork sausage served with baked beans, mushrooms and hash browns.  Quorn All Day Breakfast (Yellow Choice)  Quorn sausage served with baked beans, mushrooms and hash browns.	Hunters Chicken (Red Choice) A chicken fillet wrapped in bacon and topped with barbeque sauce and cheese and baked in the oven, served with rice and green beans.	Fish Fingers and Chips (Red Choice) Oven baked fillet fish fingers.
Homemade Pizza (Red Choice) Cheese & tomato served with	(Red Choice) Fresh minced beef cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta served	(Red Choice) Pork sausage served with baked beans, mushrooms and hash browns.  Quorn All Day Breakfast (Yellow Choice) Quorn sausage served with baked beans, mushrooms and hash	(Red Choice)  A chicken fillet wrapped in bacon and topped with barbeque sauce and cheese and baked in the oven,	(Red Choice)
	Quorn Korma (Green Choice) Pieces of Quorn cooked with onions, mild spices and coconut milk, served on a bed of rice with broccoli.	Or Tomato pasta (Green Choice) Pasta spirals coated in a tomato and basil sauce and served with peas.	Or  Veggie Chilli (Green Choice)  Vegimince cooked with onions, chilli powder, tomatoes, and red kidney beans, served on a bed of rice with green beans.	Or  Vegetarian Sausage Roll ar Chips (Green Choice)  Veggie sausage roll.  Both served with chips and a choice of peas or baked beans
		Hot Alternative		
	Ja	acket Potato Available Daily		
	6	(Blue Choice)	Towns and	
		either grated cheese, ham, tuna		
Melting Moments	Iced Vanilla Sponge	Chocolate Cookies	Banana Muffins	Chocolate Crunch
		Drink		