

# Newsletter 35 – Summer Term



Wistaston Academy  
Primary and Nursery School  
Together We Learn • Together We Achieve

## This Week's Events

Date	School Events	International Events
Monday 27 <sup>th</sup> June	Y5 & Y6 boys football club	
Tuesday 28 <sup>th</sup> June	Y2 multisports club Y5 & Y6 girls football club	
Wednesday 29 <sup>th</sup> June		
Thursday 30 <sup>th</sup> June	Y4 dodgeball club Y5/6 Rounders Competition	
Friday 1 <sup>st</sup> July	Inset Day – School Closed	
Saturday 2 <sup>nd</sup> July	Festival Manchester: Our performance at 6pm	
<b>Advanced Notice:</b>	5 <sup>th</sup> July - Diamond Cricket – Y3 &4	
<b>Polite Notice:</b>	<b>Please note the school office opens at 8.30am each morning and is manned until 4.30pm. Before and after these times, there will be no access to the Main Reception area.</b>	

### We are Brilliant Winners

**KS1:** Bella, Emilia, Evelyn, Mason

**KS2:** Ashton, Aaron, Jacob O, Lucas H, Neo

### The Hub

We have chosen rainbows as the theme for our Art lessons this week, exploring them through a range of different materials. We're sure you'll agree that they look very colourful!



### Nursery

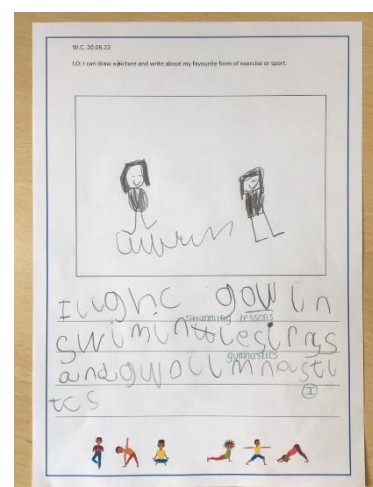
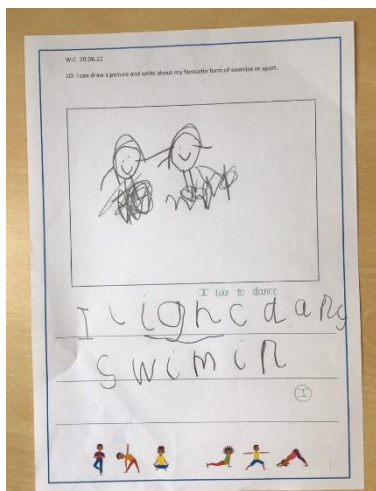
This week in nursery the children have been learning about our Traditional Tale The little Red Hen. They have listened to the story of the Little Red Hen. They have roleplayed in our bakery and have made their very own star biscuits!



## Reception

This week the children have been learning about their super bodies. We discussed how our bodies are important as they help us to do lots of different things such as eating, drinking, running, talking etc. We created a mind map together on how we can look after our bodies; by eating healthy foods, drinking water, cleaning teeth, exercising and playing sport, sleep and rest.

As a class, we sorted different food items into two groups; healthy and unhealthy and the children discussed their likes and dislikes. We also talked about our favourite form of exercise, and then drew a picture and wrote about it. Exercise is fun and should be something that you enjoy. We have enjoyed completing Joe Wicks five minute moves and observing how our body changes during exercise such as your heart beats faster, feeling hot and sweaty.



## Year 1

This week, Year 1 created their final seasonal tree. We looked at the work of the famous artist, Claude Monet, and used his technique of 'dab' painting to create our summer tree. We mixed our own shades of green using palettes of paint for the leaves and used long brush strokes to create the trunk and branches.



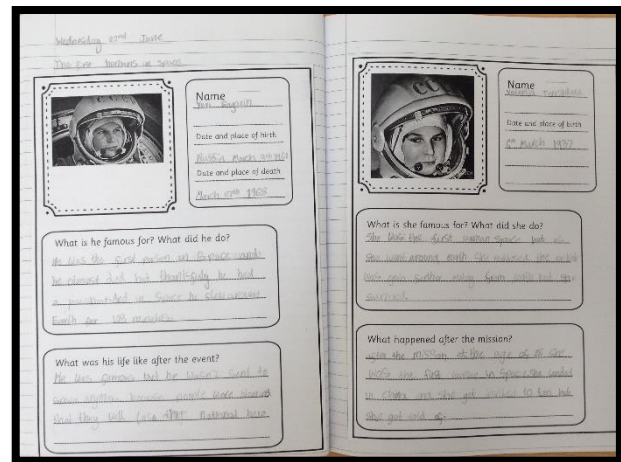
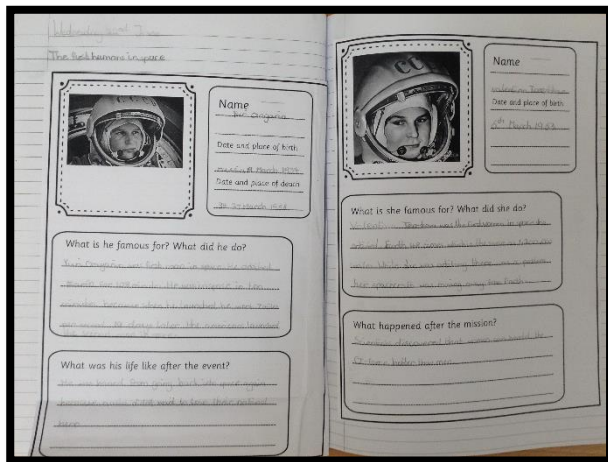
## Year 2

This week Year 2 thought more about the importance of nutrition in a healthy lifestyle. We then learnt about the other things that we need to do in order to keep healthy. We discussed how important exercise is for our body and our mind. We took part in some different activities and thought about the difference between how our bodies felt before and after the exercise.



## Year 3

This week, year 3 have been learning about the first man and woman who went into space – Yuri Gagarin and Valentina Tereshkova. We have enjoyed learning about their experiences in space, their inspiration behind travelling into space and what happened when they came back down to Earth. We also had great fun playing a class game of rounders using our throwing and batting skills we have learnt over the past couple of weeks.



## Year 4

This week in year 4 it has been DT and computing. We have loved working as a group using Lego to create a Robotic hand. We have then refined and developed our algorithms to allow us to pick up a range of objects.



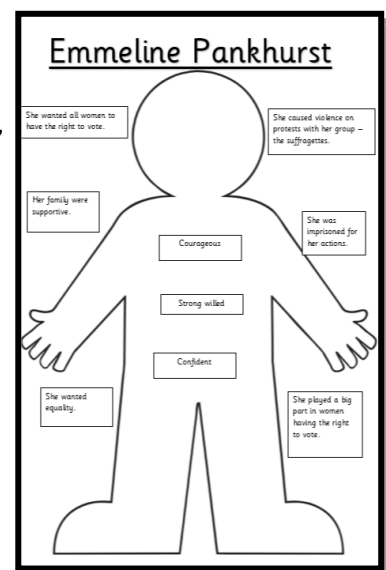
## Year 5

This week, Year 5 had some time learning to play table tennis. They were really lucky as the sun was shining and they worked in small groups to develop their skills. A great time was had by all. Thank you to our visitors for coming in to share their skills with us.



## Year 6

This week, Year 6 have spent a lot of time using drama to consolidate and then showcase their learning. We took part in hot seating in History, which is where children answered questions in role as Emmeline Pankhurst. This helped us to appreciate the determination and grit she needed to fight for the right for women to vote in general elections.



## The Royal Cheshire Show

We were delighted this year to be invited to exhibit in the School's Out Tent at The Royal Cheshire Show. This two-day event showcases the best of the Cheshire region and attracts over 80,000 visitors. The Year 6 team, who represented Wistaston Academy, were a credit to themselves, their families and the school. Despite it being our first year exhibiting, we won an award for the Kandinsky inspired artwork that we had on display.



## Art News

### Focus on Performing Arts:

#### Soul Children Crew

We are very excited to have 50 children from years 4, 5 and 6 performing at an incredible event in Wythenshawe Park, Manchester on Saturday 2<sup>nd</sup> July at Festival Manchester. This is an opportunity brought to us by Chip Kendall, our arts patron, who is one of the organisers of the event. We will be forming part of a 3,000 voice choir and will perform on stage to an audience of 15,000 people. Our children have been practising solidly and sound amazing! Please come and support our children – the event is free for all the family. The Festival is on all weekend, so why not head down and enjoy some of the activities? The link and pictures below show you what to expect ☺

<https://www.youtube.com/watch?v=2IEjSciDnjY>



**PE News**  
**Town Sports**

On Monday 20<sup>th</sup> June, the children participated in the Field Town Sports at The Cumberland Arena. They took part in a range of events such as Long Jump, High jump and Javelin. They all performed to their best ability and did the school proud. On Wednesday 22<sup>nd</sup> June at Barony Park, another group of children represented the school in the track events which included Hurdles, Sprint, Bean bag and Relay. The Year 3, 4 and 6's finished overall in 3<sup>rd</sup> place and the Year 5's finished in 4<sup>th</sup> place. We came 4<sup>th</sup> overall, which is a great achievement!



**After school clubs**

After school clubs will run from Monday 13<sup>th</sup> June – Wednesday 20<sup>th</sup> July 2022. **All clubs are free of charge.** If your child is interested in taking part in any of our clubs, please sign them up through Arbor. Please note, children who were signed up for clubs in previous term will need to sign up again.

Our club days and times are:

**Year 5&6 Boys Football with Mr Barton**

**Monday 3:15-4:15pm**

**Year 5&6 Girls Football with Mr Barton**

**Tuesday 3:15-4:15pm**



**Year 2 Multisports Club with The Sports Coaching Company**

**Tuesday 3:05-4pm**



Multisports give children the opportunity to take part in active, fun and rewarding sporting activities. Children will be able to try many different sports to broaden their interests and knowledge in physical activity.

**Year 4 Dodgeball Club with The Sports Coaching Company**

**Thursday 3:15-4:15pm**

**Year 3 Dodgeball Club with The Sports Coaching Company**

**Friday 3:15-4:15pm**



Dodgeball is a team sport in which players on two teams try to throw balls and hit opponents, while avoiding being hit themselves. Children will be active, enjoy playing with friends and will have fun!

**Year 1 Gymnastics Club with Jasmine and Alisha Evanson from Cheshire Gymnastics**

**Friday 3:05-4pm**



**Please ensure that ALL children are collected from clubs outside the main reception.**

## Crewe & Nantwich Athletics Club News

# What's On

Everybody Community Athletics Sessions

Friendly Running Sessions

Crewe & Nantwich Athletics

Organised by Everybody and supported by Crewe and Nantwich Athletics Club and Crewe and Nantwich School Sport Partnership, we have launched a new athletics session aimed at children and young people aged 8-12 years old (U11's and U13's). The sessions are non-competitive and open to all abilities. Combining athletics with a fun programme of activities covering the fundamental skills of running, jumping and throwing, skills that are vital for every sport, as well as encouraging children to become more active and to stay healthy.

**When:** Wednesdays 6.00pm – 7.00pm (term time only)

**Time:** 6.00pm – 7.00pm

**Cost:** £3 a session or £2.50 with a Wildcard. Free to Everybody Junior members.

Pre-booking is required as spaces are limited. For further information or to book a space please contact Crewe Lifestyle Centre Reception on 01270 685580 or email [cumberland.arena@everybody.org.uk](mailto:cumberland.arena@everybody.org.uk)

## Crewe & Nantwich RUFC Club News



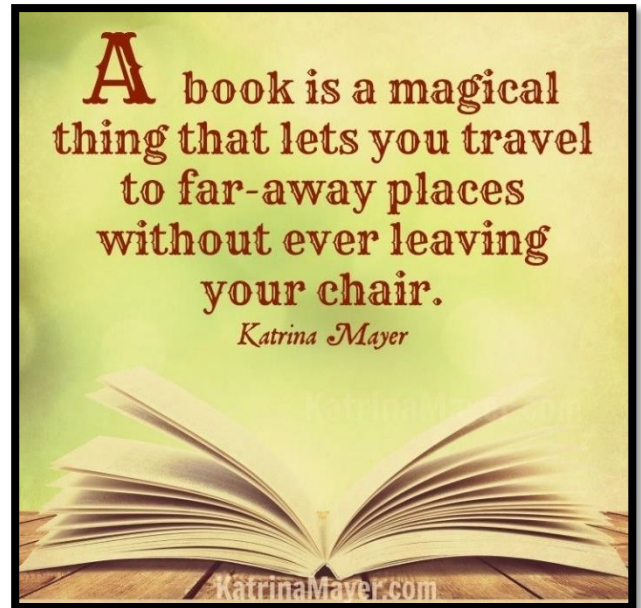


## Reading tips

Talking to your children about the books they read is one of the best ways to support your child's development. Here are some tips on how to start a book discussion with your child:

### **Before your child reads a book, ask:**

- Why did you select this book?
- What makes you think this book is going to be interesting?
- What do you think the book is going to be about?
- Does this book remind you of anything else you've already read or seen?
- What kind of characters do you think will be in the book?
- What do you think is going to happen?



## British Values

**UN Rights of a Child**

We all have the right to our own identity, which is an official record of who we are. Our name, nationality, beliefs and ethnicity all form part of our identity.

8  
IDENTITY

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**British Values**

**Mutual Respect**

Not everyone is the same as me and their lives can be very different from mine. If we all try to understand one another, we can help to make sure we all feel included.

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### Dementia Awareness Week

The student council planned, designed and made their own cakes to take the 'Time for a cuppa' event at Richmond Retirement Village. The residents and the children really enjoyed chatting to each other during the event.



# What Parents & Carers Need to Know about FACEBOOK

AGE RATING  
**13+**

With 2.9 billion users, Facebook, owned by the recently rebranded Meta, is the world's most popular social media platform. It encourages interaction with other people by (among other things) adding them as friends, reacting to or commenting on their content, sharing images and videos, posting status updates, joining groups and playing games. Facebook is free, and anyone over 13 can join – but with no age verification, younger children can easily create an account: it's likely your child is already familiar with the platform, even if they don't yet use it themselves.

## WHAT ARE THE RISKS?

### ADDICTIVE NATURE

Facebook's quick reward cycle of likes and comments on shared posts can be hugely addictive. It encourages users to keep returning to post things and increases FOMO (the Fear Of Missing Out), which leads to people checking the app even more frequently and finding themselves endlessly scrolling through content.

### CYBERBULLYING

A 2021 Ofcom report found that around one in four UK 12–15-year-olds had been cyberbullied or trolled (intentionally antagonised online). On Facebook, this can happen through private messages (on Facebook Messenger); hurtful comments on their profiles and posts; pages or groups set up purposely to torment a victim; or exclusion from pages or groups.

### FUTURE IMPACT

Like most social media platforms, anything posted on Facebook leaves a permanent 'digital footprint'. This can have future consequences for young people: many universities and employers, for example, now review someone's Facebook timeline during the application process.

### CONTACT FROM STRANGERS

Just like in the offline world, there are people on Facebook with malicious intentions. Ofcom reports, for instance, that 30% of 12–15-year-olds have received a friend request from a stranger. This, sadly, can include individuals seeking to take advantage of impressionable youngsters.

### OVERSHARING

Facebook encourages you to post "what's on your mind", but children should be wary of revealing too much about themselves online. Users can give away their location by checking in or using Facebook Live, for example, while some photos can also be traced using file data.

### INAPPROPRIATE CONTENT

Facebook monitors and removes material like hate speech or extreme political views, while adverts on the platform are now forbidden from targeting under-18s based on their interests. Offensive content isn't always taken down instantly, however, so there's still a risk of children encountering it.

### VIDEOS AND STREAMING

Facebook Live lets users stream video live to their friends or watch others' broadcasts. Viewers can comment in real time, which is problematic to moderate. Short, user-created clips called Reels can now also be displayed on profiles and feeds. These video features could contain unsuitable material or allow children to be coaxed into doing something on camera that they wouldn't normally do.

## Advice for Parents & Carers

### KEEP ACCOUNTS PRIVATE

In the settings area, you can choose whether a Facebook profile is public or private. By far the safest option is to switch your child's to private, so they can only interact with people who they are friends with on the platform. Facebook's settings can also prevent your child's personal information (such as contact details, school name or date of birth) from appearing publicly.

### ENCOURAGE SAFE FRIENDING

Facebook can help your child to stay connected with the people and the things that they care about. However, it's important for them to understand that they should only accept friend requests from people who they know. The key questions to consider are "has your child met them in person?" and "do they know and trust them enough to feel comfortable accepting them as a Facebook friend?"

### LEAD BY EXAMPLE

Let your child watch you using Facebook – this will demonstrate how it can be used safely and appropriately, reducing the risk of them encountering harmful content themselves. Teach them the habit of thinking before sharing anything online and try to follow the same rules that you set for them – so if you agree time limits on your child's Facebook use, then you should stick to them, too.

### SAVVY SHARING

Make sure your child realises that what they share online with friends can end up being shared again by others. It's important that they think about what they share online and who they share it with. Facebook's 'Audience Selector' gives users the option to filter who sees what they are sharing, whenever a status is updated, photos are uploaded or anything is posted.

### RESPECT BOUNDARIES

Once you've talked about Facebook safety with your child, give them some space and trust them to make smart choices. Make it clear, however, that you're always open to discussing social media if they need to. In the early stages, you could occasionally review your child's social media activity with them to put your mind at rest – but take care not to become reliant on checking it every night.

### BLOCK AND REPORT

On Facebook, you're able to report harmful content and block particular people or groups so they can't contact your child or view their profile. Before they start spending serious time on the platform, show your child how these features work and explain why they might need to be used. Facebook's Bullying Prevention Hub offers advice on dealing with harassment on the platform.

## Meet Our Expert

Alex Wright is a former Facebook employee and social media expert with more than 15 years' experience in digital media. He has worked with some of the biggest organisations on the planet and has a vast understanding of how social media platforms work and how they engage their audience.



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National Online Safety®  
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