

Newsletter 7 – Autumn Term



Wistaston Academy
Primary and Nursery School
Together We Learn • Together We Achieve

This Week's Events

Date	School Events	International Events
Monday 1 st November	Y6 Dodgeball club	All Saint's Day
Tuesday 2 nd November	Y6 Swimming Y5 Forest school Y5 Dodgeball club & Y2 Dance Year 3 Ramayana Dance workshop	
Wednesday 3 rd November		
Thursday 4 th November	Y4 Dodgeball club	Diwali/Deepavali
Friday 5 th November	Y1 Dance club & Y3 Dodgeball club	Guy Fawkes Day
Advanced Notice:	Odd Sock day for Anti-bullying week Monday 15 th November Non- Uniform Day 19 th November Children in Need.	
Polite Notice:	Please note the school office opens at 8.30am each morning and is manned until 4.30pm. Before and after these times, there will be no access to the Main Reception area.	

What a great half term this has been! It has been lovely to see so many children attending school and enjoying their learning. As you can see from the weekly newsletters, the children have been engaged in a range of activities. It was a pleasure to see so many Year 7 children who left here in the summer attend 'The Chip party' on Saturday.

Unfortunately, covid rates have continued to increase in our community, however, due to the measures in place, this has not been reflected in our school. Thank you for your continued support with this. If any member of your family has symptoms, please continue to follow the guidance and go for a PCR test.

It was lovely to have lunch with some of our KS2 children this week and hear all about what they enjoy doing. Thank you Laylan, Finlay, Chyann, Milanko, Chloe, Tianna and Evie.

Mrs Griffiths

We are Brilliant Winners

KS1: Thea, Bowie

KS2: Jaycob, Lexi



Healthy Eating Week

This week all children have taken part in healthy eating week and have been learning about how to lead a healthy active lifestyle. During this week we have been having discussions with the children about what constitutes a healthy diet and they have shown interest and excitement about the food choices that they make. The children have taken part in many healthy eating and active activities including our Wizz-A-Mile, The Great Wizzy Bake Off, reading food labels, food tasting, forest school and glow sticks jump start Johnny.

Through 'The Great Wizzy Bake Off' we have encouraged children to try different foods so that they are getting exposed to tastes and food types that they might not have experienced before.

A healthy diet and regular physical activity can stabilise energy, sharpen the mind, and improve mood, allowing children to maximise their potential both inside and outside of school, and it does not need to be difficult. There are lots of great resources online that can help you with recipe ideas, here are some that we have found:

<https://www.nutritionist-resource.org.uk/content/healthy-eating-for-kids.html>

<https://www.foodafactoflife.org.uk/>

Cooking healthy food with your children is also a great way to spend time with them and to get them interested in food.

Please support us in continuing to encourage our children to lead a healthy happy life both in school and at home and thank you, as always, for your continued support.

British Values

18th October 2021
UN Rights of a Child

We all have the right to an education. Our education can provide us with opportunities and options for our future: the job we want to do and the benefit it will have for others and perhaps humankind!

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ACCESS TO EDUCATION

British Values
18th – 24th October 2021

Individual Liberty
People who win Nobel Prizes have made choices to produce work that benefits humankind. We can make choices that can benefit others too.

Picture News

Nursery

This week in Nursery we have been exploring pumpkins. We have scooped out the pulp and seeds to explore what is inside the pumpkin and also used blocks to hammer golf tees on the outside of the pumpkin.



Reception

It's Healthy Eating Week, so the Reception children joined the rest of the school to complete the 'Wizzy Bake Off'. We chose to bake our own bread and had to follow a recipe to show us what ingredients we would need and the measurements required to make the perfect bread. The bread smelt and tasted delicious!

During Group Time, the children spoke about their favourite food and we discussed if they were healthy or not healthy. We also completed the 'Wizzy Mile' challenge in school by walking around our school grounds a number of times.



The Hub

The children in The Hub have joined in with Healthy Eating Week too. They have enjoyed an extra PE session where they perfected and showed off their dance routines. The children also practised their chopping and slicing skills to help make a fruit salad.



Year 1

As part of our healthy living week, we thought about healthy foods and made a pasta salad. Lots of us tried new things and worked hard to be the Star Baker. We have also thought about different food groups and danced to Jump Start Johnny with glow sticks.



Year 2

Year 2 had a fantastic week last week learning about the history of the seaside. They found out all about traditional holiday camps and were even transported back in time to visit Butlins in the 1970s. They took part in ping-pong, visited a discotheque and had lots of fun at children's quiz time. It was an amazing afternoon!



Year 3

Year 3 have been lucky enough to experience Forest Schools this half term. They have had lots of fun in the sun and rain exploring the outdoors. This week, we put our creative hats on and designed art using anything we could find outside. To celebrate finishing Forest Schools, we made smores around the camp fire.



Year 4

Year 4 enjoyed reading 'We're All Wonders' last week, ending in creating our own tableaux. Using the storyline of our book, we had two children in the class be Auggie, who the story states is 'different'. The rest of the class, were split into bystanders, supporters (friends) and people who were saying mean things. We were using our pupil voice to stand up for Auggie showing compassion and mutual respect.



In year 4 this week, we have thoroughly enjoyed healthy living week. We started the week by cooking. We prepared and cooked our own healthy pizzas with Tommy and Muhammad winning the 'Star Bakers' of year 4. We looked at what makes a balanced healthy lifestyle including physical health and mental health. During guided reading, we looked at a poem which was linked to a healthy body and mind.



Year 5

Year 5 have had a great time during healthy living week. First, we talked about the benefits of exercise, being outdoors and sunshine for good mental well-being. We then spent some time discussing how sleep contributes to a healthy lifestyle and the importance of a good night's sleep. On Tuesday, we had our own Great Wizzy Bake off and made couscous and rice salad. Well done to our star bakers, Alison and Igor.



Year 6

Year 6 made healthy pizzas as part of Healthy Eating Week. We made our own dough and then topped and baked them the following day.



Year 6 children visit the chicken coop

Last Friday, we were selected to go and see the chickens in Reception. James collected us from the 6B classroom door and walked us to KS1 where we were introduced to the chickens. At first, James picked up one of them and educated us that in around 2 weeks they will be laying eggs for the school kitchen.

He also told us that sadly, the chickens have no names. We enjoyed poking grass through the holes of the fence and letting them peck at it. We had a great time and wonder which year group will get to visit next! Written by Isla and Casey in 6B



Ambassadors and Student Council news

In this half term, we had a new set of school council members and ambassadors. We have only had a few meetings but we have met with Miss Bailey (Head of History) and Mrs Adamczyk (Head of PE) to discuss some class suggestions. After our discussion with Miss Bailey we have decided to have some more history theme days throughout the rest of the school year.

As a request of Mrs Adamczyk, we have asked our classes if they know what to name the forest school area and we will also ask them if they have any suggestions on after school clubs. Also, in the next term there will be a couple of events, these are: anti-bullying week (15th-19th November) and children in need (where we may be dressing up and bringing in donations -19th November).

By Isla & Adrian (Ambassadors)

Anti-Bullying Week 15th- 19th November

Odd sock day Monday 15th November



Kindness is more important today than it has ever been. The isolation of the last year has underlined how little acts of consideration can break down barriers and brighten the lives of the people around us. This is one of the reasons, that 'One Kind Word' has been chosen as the theme of Anti-Bullying Week taking place from 15 to 19 of November 2021.

Children In Need Non-Uniform day 19th November

Student Council would like everyone to join them in a non-uniform day

As you may already know, Monday 15th November is the start of this year's BBC Children in Need Appeal Week. Our school is excited to be joining with many others around the UK to participate in the fundraising for this charity by having a non-uniform day on Friday 19th November.

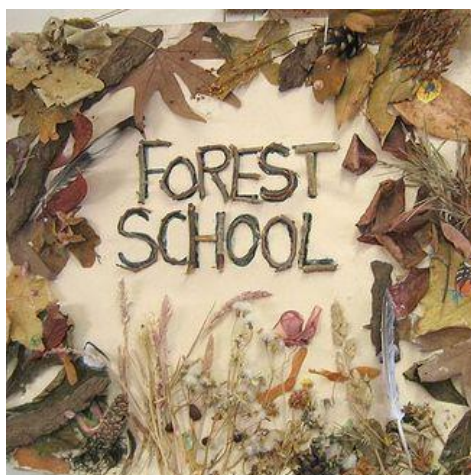
Children in Need is the official charity of the BBC (British Broadcasting Corporation). It raises money for disadvantaged children and young people in the UK. The end goal for Children in Need is to make sure that every child has a safe, happy and secure childhood.



Our School Council would like to raise as much money as possible for Children in Need through having a non-school uniform day linked to Children in Need.

Please support this worthwhile cause by sending your child in with a £1 donation on the day.

Forest School



After half term Year 5 will be taking part in forest school activities. **Can Y5 parents and carers please send their children in with some old/warm clothes and footwear in a plastic bag for their forest school session which will take place on Tuesday afternoons.**

After school clubs

After school clubs will continue from 1st November-17th December. **All clubs are free of charge.** If your child is interested in taking part in any of our clubs, please sign them up through Arbor from 4:30pm on Thursday 21st October. Please note, children who were signed up for clubs in Autumn 1 will need to sign up again for Autumn 2.

Our club days and times are:

Monday	Y6 Dodgeball Club 3:15pm-4:15pm
Tuesday	Y2 Dance Club 3:05pm-4pm Y5 Dodgeball Club 3:15pm-4:15pm
Wednesday	No Clubs
Thursday	Y4 Dodgeball Club 3:15pm-4:15pm
Friday	Y1 Dance Club 3:05pm-4pm Y3 Dodgeball Club 3:15pm-4:15pm

Keeping Children Safe Online

It has been brought to our attention that many children are watching/playing material that is inappropriate for their ages.

Please note that:-

Squid Games is not appropriate for anyone under the age of 17.

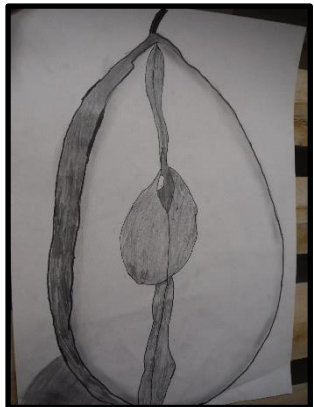
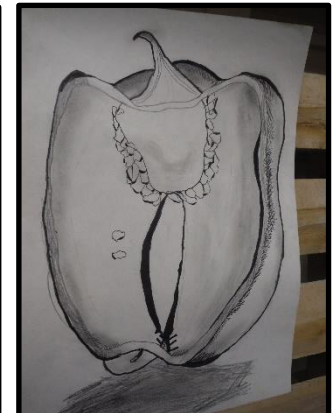
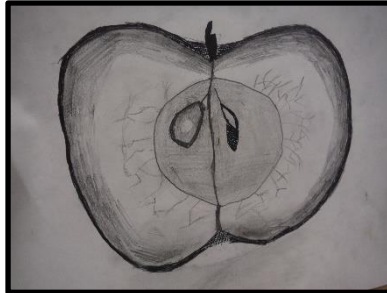
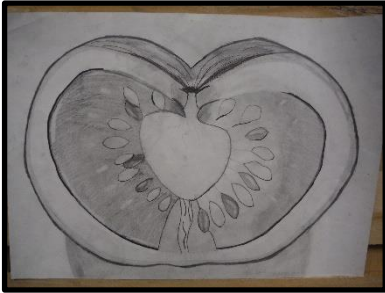
Fortnite has a PEGI rating of 12, therefore children under this age should not be accessing it.

Thank you for your co-operation in helping us to keep all our children safe online.

Art News

Spotlight on Year 6!

Year 6 have completed their beautiful enlarged studies of fruit and vegetables. We have really used our observational drawing skills to draw as accurately as we can. These pictures featured in our Harvest celebration too, as we were celebrating and sharing the fruit of the Earth.



Artwork by:

Ashton-James, Billy-Dean, Lawrence, Harlow, Holly-Mae, Riley E, Myla, Lily, Kaylee, Georgia, Isla, Sofia and Wiktorja.

Performing Arts

Years 5 and 7

It was fantastic to see so many of our previous Year 6s back here on Saturday to join many of our Year 5s for the phenomenal fun that was our Chip Party with Chip Kendall. We enjoyed loud music, crazy games such as “human bop it”, catching up with our friends, chips and had the chance to take part in the filming of a music video for Chip’s song “John 3:16”. The film clips are all in the hands of professional videographer, James, and we will be excited to show you the finished product when it has been edited. This opportunity came about in response to a request from one of our pupils after loving Chip’s RE lessons.



Chip is our Arts Patron and managed to secure a huge amount of funding to make this happen. We are privileged to be able to take part and look forward to many other opportunities in the future such as **Year 6** taking part in Festival Manchester, despite this normally only being open to Manchester schools. If you would like to check out what that will be in advance, take a look at the link below:

<https://www.youtube.com/watch?v=quozCOK8JJw>





Monday 25th - Friday 19th October

Monday-Friday @ St Peter's Earle Street

Monday, Wednesday Friday @ St Andrew's, Bedford Street

10-12noon: Family activities, followed by lunch

12-12:30pm: Lunch and activity kit collection

Monday-Wednesday @ St Barnabas Hall, West Street

12-12:30pm: Lunch and activity kit collection

Please do not come to the collection point if you or anyone in your household has any coronavirus symptoms.

Contact: Becky: 07564 036 662

stpeters@crewetowncouncil.gov.uk



Proudly funded by



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about FREE SPEECH VS HATE SPEECH

Everyone has the right of 'freedom of expression.' This is the right to voice your opinions and share information and ideas with others. It is not the right to say whatever you want. We all have a responsibility to use freedom of expression properly by not saying things that are grossly offensive or threatening, or encouraging hateful activity, thereby undermining the rights of others. Both online and offline, hate speech targets those who are different to the speaker in some way. Communication attacking or discriminating against groups and individuals (because of characteristics like race or religion) is hate speech, not free speech.

What is Free Speech?

Free speech is the principle that an individual is allowed to share information, opinions and ideas without fear of retaliation, censorship, or legal consequences. Here's why free speech is important...

The Human Rights Act states that everyone has the right to express themselves freely and hold their own opinions – even if those views are unpopular and could offend others.



Freedom of expression encourages listening to others and allowing opposing views to be heard. It's important that we respect someone's opinion, even if we disagree with it.

Any idea could potentially offend someone: Both Galileo and Darwin's theories, for example, were originally incredibly offensive to many. Freely exchanging ideas promotes progress.

The ability to challenge others' views – and have ours challenged, too – is healthy, as it helps us learn to deal with criticism and to think seriously about what we say and believe.

It's a powerful way to push for change. Many modern rights – such as women being allowed to vote, or decent working conditions – couldn't have been achieved without free speech.

Freedom of expression also includes the right not to do something: such as not standing up or singing for the national anthem, even though some people would deem that offensive.



Say no



Call hate out!

Spread Love

STOP HATE!

Report it!

What is Hate Speech?

Hate speech is any communication which displays prejudice against someone's identity. It can be derogatory, demonising and dehumanising statements, threats, identity-based insults, offensive name-calling and slurs. Some common types of hate speech include...

Targeting people or groups because of their race, gender or gender identity, sexuality, nationality, religion or a disability.



Content which dehumanises individuals or groups based on those attributes, such as referring negatively to them as animals, inanimate objects or other non-human entities.



Calling for violence or hatred against certain people or groups, and justifying and glorifying these actions.

Claiming that specific types of people are physically, mentally or morally inferior, or even that they are criminals.



Promoting the exclusion or segregation of certain groups of people, or discrimination against them, because of who they are (e.g. their race or gender).

Making up or repeating insults about a person or group because something about their identity (for example, religious beliefs or a disability) is different to the person who's posting.

For further information and reporting:

Amnesty International: <https://www.amnesty.org/en/what-we-do/freedom-of-expression/>

True Vision: https://www.report-it.org.uk/reporting_internet_hate_crime

Report Harmful Content: <https://reportharmfulcontent.com/?lang=en>

