



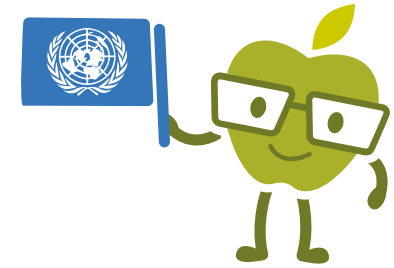
# Individual Liberty

With such a huge variety of entertainment available on our screens, we can choose what to watch. We can take some responsibility for our viewing to ensure we have a healthy amount of screen time.





# UN Rights of a Child



The BBC was the first broadcasting company in the UK and is now 100 years old.

We have the right to get information from the internet, radio, television, newspapers, books and other sources.

