

Newsletter – Summer Term



Wistaston Academy
Primary and Nursery School
Together We Learn • Together We Achieve

This Week's Events

Date	Event
Monday 12 th July	
Tuesday 13 th July	
Wednesday 14 th July	
Thursday 15 th July	Year 6 Prom
Friday 16 th July	Last day of term
Advanced Notice:	
Polite Notice:	Please note the school office opens at 8.30am each morning and is manned until 4.30pm. Before and after these times, there will be no access to the Main Reception area.

Covid-19 PCR Testing Options

For information, here are the local test sites for PCR tests.

Local Testing Sites (by online appointment only – walk-ins are no longer possible book a PCR test appointment.)

Crewe local test site, Chester Street car park, Crewe, CW1 2ER - from 8am to 8pm daily

Mobile Testing Unit (walk-in)

We have one local Mobile Testing Unit operating a walk-in service, where no appointment is necessary, and this is located at:

Cheshire East Council HQ, Westfields (Car park), Middlewich Road, Sandbach, CW11 1HZ
Opening hours: 9am to 4pm from Monday 5 July to Friday 9 July 2021

We are Brilliant Winners

KS1: Madison, Caleb, Rhoan

KS2: Vanessa, Coby

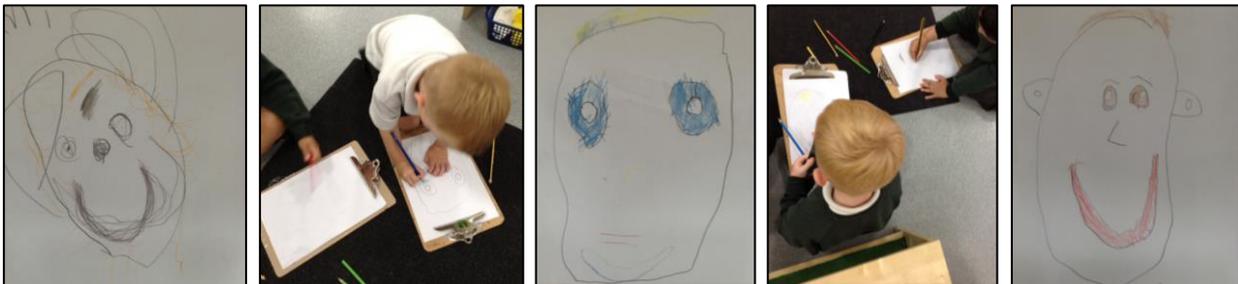
The Hub

The Hub children have enjoyed a visit from three little chicks. They were very excited to meet them and all used very gentle hands to stroke them. When the chicks are a little bit bigger, The Hub children will go and visit them in their coop.



Nursery

This week at Nursery we have been talking about our transition to the Reception class in September. The children have been drawing self portraits, looking back at special events and talking about what they have learnt whilst at Nursery. The children did some lovely drawings of themselves, talking about what makes them different.



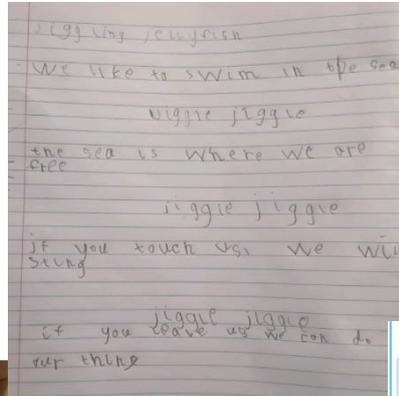
Reception

Reception have had another busy start to the week learning from home. They have been thinking lots about moving up to Year 1 and have managed to hear their new teachers read a story. They were all relieved to be back in school on Thursday and so were the teachers.



Year 1

For our home learning this week, we have continued to learn about different groups of animals. We have seen some fantastic jelly fish facts and poems, well done Year 1!



W.C.5.7.21

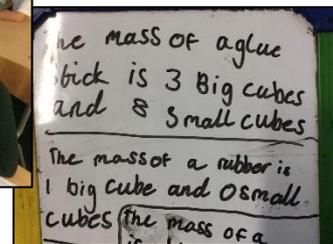
Invertebrates	
	Outside: some have shells. Some do not. Some are slimy or squishy.
	Inside: cold blooded with no back bone.
	Babies: eggs.

Jiggling Jellyfish

I live in the sea.
Jiggle jiggle.
I have stinging tentacles.
Jiggle jiggle.
I am an invertebrate.
Jiggle jiggle.
I eat fish I am a carnivore.

Year 2

In maths this week, the children have been learning about mass. They had lots of fun using the scales!



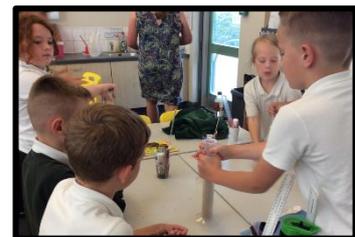
Year 3

This week in Science, we learned about how astronauts eat food in space. First, we watched a video that explained that astronauts' food is often dehydrated and stored in packets. They have to add water to their food to rehydrate it. Then, we made our own space food! We followed a recipe to make a dry cake mix that we stored in plastic bags. We then added water to our mix and microwaved it to see how it turned into a chocolate cake! Finally, we learned about what other foods astronaut eat in space.

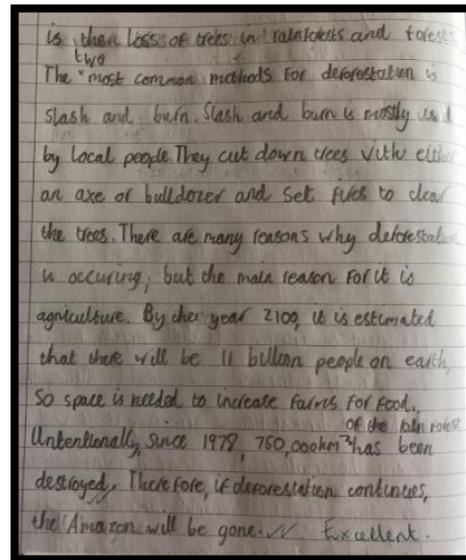
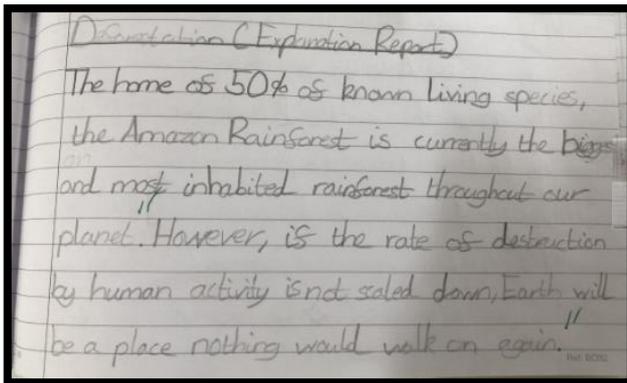


Year 4

The children this week in Science continued to work scientifically through investigating how yeast works. We looked at a basic recipe for bread and discussed the different things we could change in our investigation using our post-it note planning sheet. As a class, we decided the one thing we would change would be the type of flour. We then made dough using different types of flour, ensuring that everything else was kept the same. Finally, we observed how the dough rose over time, due to the yeast making air bubbles.



Year 5



This week, Year 5 have worked exceedingly hard to write an explanation text about the impact of deforestation. As you can see, they have done a sterling job and as always, we are very proud of them.

Year 6

Year 6 have had a brilliant couple of days willow weaving and at Delamere Forest. They have created some amazing willow animals and enjoyed den building and orienteering around Delamere Forest...thankfully no one got lost!



Sports News



This term we have been lucky enough to be visited by Alisha Routledge, a Manchester City women's football development student. Alisha has worked with our reception children, talking to them about her experiences, football and the nationalities of players she has met and worked with. She also led coaching sessions with both reception and Y5 children.



Over the last 6 weeks our Y2 children have been to LS Gymnastics as part of their PE gymnastics unit. They have really enjoyed using specialist gymnastics equipment and apparatus and have learnt lots of new skills! If your child has been inspired and is interested in learning more please follow this link for more details <https://www.british-gymnastics.org/discover/club/29917>



Keeping Safe Online

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it's needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



How to Set up PARENTAL CONTROLS for PRIVACY iPhone



The privacy settings on your child's Apple device give you control over the information stored on it. This allows you to select which apps can access features and information on your child's device: for example, you might wish to block a social networking app from connecting to the camera reel, or specify which apps can use the device's location data.

How to make changes to privacy settings

You can block certain apps from obtaining information from your child's device. You can also prevent your child (or anyone other than you) from altering these settings.

1 Open 'Settings'

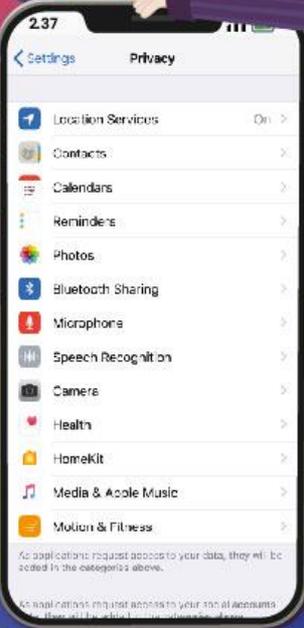
2 Tap 'Screen Time'

3 Tap 'Content & Privacy Restrictions'

4 Scroll to 'Privacy'

5 Choose the settings you wish to restrict

6 After you've made any changes, select 'Use Screen Time Passcode' to lock your changes with a PIN



How to prevent changes to other settings/features

You can also stop changes being made to the iPhone's other settings or features by anyone but you. For example, you can prevent your child from altering their passcode, accounts or mobile data settings.

1 Open 'Settings'

2 Tap 'Screen Time'

3 Tap 'Content & Privacy Restrictions'

4 Scroll to 'Allow Changes'

5 Select 'Allow' or 'Don't Allow' on the settings for which you wish to enable or disable changes



NOS National Online Safety
www.nationalonlinesafety.com



<https://support.apple.com/en-gb/HT201304#set-restrictions>



www.nationalonlinesafety.com



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**Cheshire and Wirral
Partnership**
NHS Foundation Trust



Welcome back to our Cheshire Mental Health Support Teams (MHSTs) newsletter. This is our regular update from the local team supporting Cheshire schools and colleges with all things mental wellbeing.

We'd really appreciate you sharing this with your young people, families and wider networks.

If you have any feedback about the newsletter feel free to contact us via cwp.adminmhst@nhs.net

Listen UP! Our next event is nearly here!

We're looking for children, young people and families to come along to our virtual event to share ideas and views about mental health and wellbeing support.

The topic this month is:
'The Voice of Children and Young People in Service Design'

Our next event will take place on:
Thursday 15th July 6-8pm
(virtually)



To book on to the event please email cwp.adminmhst@nhs.net

Please share this with your young people and encourage them to join us.



New mental health text messaging service launched for Cheshire and Merseyside

Cheshire and Merseyside Health and Care Partnership have teamed up with mental health charity Shout 85258 to provide a free text messaging service in the region.

This is a free, confidential, 24/7 text message support service for anyone who is feeling overwhelmed or is struggling to cope. The service is staffed by trained volunteers who will work with you to take your next steps towards feeling better.

Anyone in Cheshire West, Cheshire East or Wirral can text **BLUE to 85258** for immediate support.

Exam stress even when there are no exams?

With a second year of cancelled exams, The Charlie Waller Trust have provided some resources for dealing with the mixed emotions that this may have stirred up.

They also have some useful resources for both parents and teachers to help promote a healthy approach to dealing with GCSEs.

All resources can be found [here](#).





Children's Art Week

29th June -19th July is Children's Art Week. If any children or young people want to share their art work and are happy for it to be shown on CWP's social media pages then please contact us at cwp.adminmhst@nhs.net

MyMind website and social media

For more information about your local CAMHS service and access to a range of other resources about mental health please click on this link mymind.org.uk Our you tube channel and mymind twitter feed can also be accessed by clicking on the icons at the bottom of this newsletter.



British Values

