

Newsletter – Spring 2017



Wistaston Academy
Primary and Nursery School
Together We Learn • Together We Achieve

Principal's Comment

Our academic results for 2016 have now been uploaded to our school website. They cannot be compared with previous years because of a totally new assessment system.

Normally, we like a high score but there is one piece of data where we always look for a figure which is low and preferably below national and that is the data produced by the annual Child Measurement Programme.

(See next page for our results)

Every July parents of children in Reception and in Year 6 are asked if they are happy for their child to be weighed and measured. This is in response to national concerns about the rising levels of obesity in the country as a whole and particularly amongst our young children.

Nationally, 9.1% of Reception children fall into this category but **12.6%** of our cohort fell into this group last year. At the end of Year 6 you will see that we have a growing problem (excuse the pun) with **26.7%** of children falling into this group against a national figure of 19.1%. This is without the 19% of children in Year 6 whose parents requested that they were not included in the programme.

This is of great concern when, as a nation, we are finding that *teenagers* too are developing Type 2 Diabetes. This is a very serious disease and should not be confused with Type 1 which is unrelated to lifestyle and is an autoimmune condition beyond parental control. Type 2 is down to lifestyle and diet and is preventable.

As a school, we will be looking at ways to reduce the intake of foods which promote insulin production like sugars and carbohydrates. It is over production of insulin which can lead to the pancreas being unable to produce enough insulin or where the body's cells don't react to insulin. This is when someone has Diabetes Type 2.

Over the next few months, I will be contacting you about the steps we can all take to combat this disease but in the meantime please try to make your child's packed lunch box as healthy as possible. We have seen children bringing in whole packets of chocolate biscuits when one is quite enough as a little treat. A healthy sandwich with a filling like boiled egg, tuna, ham or grated cheese accompanied by a yoghurt and a piece of fruit would be an ideal packed lunch. Throw in some carrot sticks and hummus to add to the nutrient value of the meal.

Whilst we know that exercise is important, you can't **out exercise** a bad diet. It would take an hour's vigorous football playing to burn off a Mars bar or sugary Coke.

Let's work together to combat this serious situation to ensure all our children lead healthy, happy and long lives.

Linda Davis
Principal



Protecting and improving the nation's health

National Child Measurement Programme

2016 summary of results for 134998 - Wistaston Green Primary and Nursery School

Proportion of **Reception** children measured that were obese

NCMP 2012/13, 2013/14, and 2014/15 combined

Your School

12.6%



Child obesity is higher in your school compared to Cheshire East LA.

Cheshire East LA

7.3%



The proportion in England is 9.1%.

Proportion of **Year 6** children measured that were obese

NCMP 2012/13, 2013/14, and 2014/15 combined

Your School

26.7%



Child obesity is higher in your school compared to Cheshire East LA.

Cheshire East LA

15.4%



The proportion in England is 19.1%.

Proportion of children participating in your school

98.3%

of children measured in **Reception**

81.8%

of children measured in **Year 6**

Upcoming Events

- ✓ 9th January 2017 – Children return to school
- ✓ 12th January 2017 – Design Office in school to take pictures
- ✓ 26th January 2017 – Y3 Residential Visit
- ✓ 6th February 2017 – Y6 Assessment week begins
- ✓ 16th February 2017 – Valentines Disco (3-4pm for KS1 and 4.14-5.15pm for KS2)
- ✓ 28th February 2017 - Academy Council Meeting
- ✓ 2nd March 2017 – World Book Day
- ✓ 6th March 2017 – Parents' Evening (early)
- ✓ 7th March 2017 – Parents' Evening (late)
- ✓ 14th March 2017 – Y5 Cadbury World Trip
- ✓ 20th March 2017 – Healthy eating week commences
- ✓ 21st March 2017 – Reception Chirk Castle Visit

BINGO Dates:

- ✓ 17th January 2017
- ✓ 7th and 28th February 2017
- ✓ 14th and 28th March 2017

Charity Event

On **Friday 7th October**, we held a non-uniform day and cake sale in aid of the Ally Cadence trust for spinal muscular atrophy. The school raised £480.73! Thank you for supporting such a worthwhile cause. Our college was very appreciative of the support that you have given.



Ally Cadence Trust for
Spinal Muscular Atrophy

Attendance

We are delighted to report that the school has been rated **Green** by Cheshire East Education Welfare Service for our attendance for the last academic year 2015-16. Our overall attendance was 96.1%. We are aiming to do even better this year!

We held an attendance awards assembly at the end of July and it was lovely to see so many children achieving awards. Well done to those children who gained 100% and there were awards of hampers in Nursery and Reception and watches for children in Year 1 to Year 6.

May we remind parents that holidays are not authorised unless there are exceptional circumstances. Parents must inform the school, in writing, should they wish to apply for exceptional circumstances. For parents who fail to notify the school of a child's absence this can be a safeguarding issue as we do not know the whereabouts of your child. This will lead to home visits and the involvement of the Education Welfare Service.

If you have any concerns regarding your child's attendance, please make an appointment to see Mr Dunn our Attendance and Welfare Manager.



Sport

Primary School of the Year

We are thrilled to announce we won the 'Primary School of the Year' award at the Cheshire East 'Everybody Awards'. This is the second time we have won the award since 2013! What a fantastic achievement!



Quad Kids

Well done to the Quad Kids teams who competed in the competition in September. The year 5/6 team finished a brilliant second and the year 3/4 a fantastic first!

Quad Kids is an athletic event where children four girls and four boys participate in four different events.



Tag Rugby

This year's tag rugby tournament was held at The Vagrants at the start of October. Both the year 5/6 and year 3/4 teams performed excellently, with the year 3/4 boys undefeated in all matches. Several members of the year 3/4 teams were praised by the referees for their stand-out performances.



MMU Football Tournament

The year 3/4 boys have had fantastic sporting success this half term. In the MMU football tournament they finished second. Several coaches commented to Mr Hilsden on how well the boys played and how smart they looked!



Reception News

This week the Reception children have enjoyed learning all about autumn. We have been looking at the changes that happen in autumn and have even been explorers on our own autumn adventure! We collected different autumn objects to investigate and made a collage and leaf rubbings from our findings! There were lots of different coloured leaves, berries and acorns.



Year 1 Art Club

Year One have been looking at houses in the local area. In Art Club we created mixed media houses by combining ripped up newspaper and maps with paint and oil pastel.



Year 5 Quarry Bank Mill Visit

Year 5 had a fantastic day at Quarry bank Mill.

Quarry Bank Mill was an incredible experience due to the fact that I learnt what it was like to be a Victorian. So many people died from different problems. There was a boy who was squashed by a machine called 'The Mule'. If you like the idea of learning about the history of the mill I would recommend a visit.

Noah Layfield-Richards 5KT



Christmas



We knew Christmas was upon us when we spotted Santa and his naughty Elf. Rudolph was looking a little under-nourished and obviously had a difficult journey from the North Pole. Our Site Maintenance Team won't admit it, but we suspect they have had a part to play in this but just hope they give Rudolph a jolly good feed!

On 9th December 2016 we held our annual Christmas Fair. There was fun and games, mince pies, and many delightful stalls; a huge thanks to everyone who took part.

Term Dates 2017-2018



Wistaston Academy
Primary & Nursery School

WISTASTON ACADEMY HOLIDAY LIST 2017-18

Holiday Period	Date of Closing	Date of Re-Opening
Autumn 2017		Tuesday 5 th September 2017
Autumn Half Term 2017	Friday 20 th October 2017	Monday 30 th October 2017
Christmas 2017	Wednesday 20 th December 2017	Tuesday 9 th January 2018
Spring Half Term 2018	Friday 16 th February 2018	Tuesday 27 th February 2018
Easter 2018	Thursday 29 th March 2018	Monday 16 th April 2018
May Day 2018	Friday 4 th May 2018	Tuesday 8 th May 2018
Summer Half Term 2018	Friday 25 th May 2018	Monday 4 th June 2018
Summer 2018	Tuesday 24 th July 2018	

Clubs

Clubs will start the week commencing 23rd January and will run to the penultimate week of the spring term. Clubs are now only accessible through school comms. If you do not have the internet or are struggling to get access on school comms then come into the office and the admin team will advise you. If your child is not successful in gaining a place on the club of their choice then we will aim to give them priority next term.

A letter will be coming out separately regarding paid clubs.